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Obstetrics

[Postpartum Discharge Instructions \(PDF\)](#)
[Prenatal Diagnosis Questionnaire \(PDF\)](#)
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[Cervical Ripening and Labor Induction \(PDF\)](#)

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[Cystometrics \(PDF\)](#)
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Urogynecology

[Bladder Diet for Interstitial Cystitis \(PDF\)](#)
[Bladder Health Questionnaire \(PDF\)](#)
[Kegel Exercises \(PDF\)](#)
[Pelvic Pain and Urgency/Frequency \(PDF\)](#)
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Additional Handouts

For comprehensive women's health care information from the [American College of Obstetricians and Gynecologists](#).